



InCIRCLE CarePartners™

A Coordinated Circle of Expertise—
Nothing Falls Through the Cracks

Exceptional care rarely comes from a single provider.

It comes from the right people—working together, at the right time, with shared purpose.

CareProvide's **InCIRCLE CarePartners™** is a curated network of trusted professionals who extend what care at home can be. From therapy and fitness to home safety and housing transitions, these partners bring specialized expertise that supports not only health and safety—but confidence, independence, and quality of life.

Each partner is selected for their experience with older adults and their commitment to collaboration. When appropriate, CareProvide coordinates across this network—aligning caregivers, therapists, and other professionals so care is consistent, connected, and proactive.

Therapy & Clinical Support

Maintaining strength, communication, and function at home requires more than periodic visits—it requires continuity. Our clinical partners provide specialized therapy, while CareProvide caregivers reinforce those strategies every day.

Pinpoint Speech Therapy LLC

In-home support for speech, voice, cognitive, and swallowing challenges associated with neurological conditions.

240-599-3523 | lauren@pinpointspeechtherapy.com
pinpointspeechtherapy.com

CSO Voice Annapolis & Parkinson's Upfront

An integrative approach to voice and swallowing therapy—blending clinical expertise with programs that build confidence, connection, and engagement.
443-510-4286 | clarissa@csovoice.com
csovoice.com

Stay Home Safely

Physical and Occupational Therapy designed to improve mobility, balance, and safety—supporting recovery and long-term independence at home.
443-679-6200 | support@stayhomesafely.com
stayhomesafely.com

Movement, Fitness & Wellness

Strength, balance, and movement are essential to living well at home. These partners offer programs that build both physical ability and confidence.

Empower Motivation Fitness (EMF)

A nonprofit community offering adaptive exercise, Rock Steady Boxing, and enrichment programs—including a Parkinson's support group for connection and education.

2024 West St., Suite 101, Annapolis, MD
443-994-1251
dfletcher@emfmaryland.org
emfmaryland.org

GYMGUYZ - Personal Training

Personalized, one-on-one fitness training—delivered at home or virtually—to support strength, flexibility, and overall wellness.
240-326-2365
allen.brewington@gymguyz.com
gymguyz.com/annapolis-columbia



Home Safety, Maintenance & Housing Transitions

As needs evolve, so do living environments. The right guidance and support can make these transitions smoother—while helping individuals remain safe and independent.

Senior Housing Guidance – Florence Calvert

Thoughtful support for housing decisions, from downsizing to transitioning into senior living—along with coordination of home sales.

443-995-6625

FMC@florencecalvert.com

Salt Creek Gardens – Brian Wiggins

Reliable help with everyday needs—inside the home and out—so routine tasks and unexpected projects are handled with ease. 301-440-8017

Stay Home Safely—Home Safety Services

Home assessments and aging-in-place recommendations that reduce fall risk and create a safer, more supportive environment. 443-679-6200

support@stayhomesafely.com



A More Connected Approach to Care

When care is coordinated—when therapists, caregivers, and specialists are aligned—outcomes improve, stress is reduced, and families are no longer left managing the details alone.

That is the purpose of InCIRCLE CarePartners™: to surround each client with the right expertise, at the right time—so they can continue to live life well, at home.

You Don't Have to Walk This Journey Alone

If you are navigating a new diagnosis—or noticing changes that feel harder to manage—we are here. Care begins with a conversation. Not a contract.

Speak with one of our nurses about what life looks like now, and how thoughtful, steady support can help preserve what matters most.



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📠 410-709-3993

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Serving Anne Arundel and surrounding counties

